

January 2008 Lucky Astrology Newsletter



We have so much to talk about this month. The big news is we are getting married Feb 1, so the next newsletter you get from us will be from a married couple. We're excited and hope you join us in spirit on that day.

In the last two newsletters we talked about the first two steps to awareness and awakening to oneness. In the first part of this one, we'll go on to the third step.

In the second part of this newsletter, we go back to Astrology for the first time in a while. Exciting things happening in that area! A big Astrology aspect is occurring this month - lots of information for us there, so let's choose what really indicates to us as important!

The Three Steps of Awareness

As review, the FIRST step of awareness is feeling connected to everything and an awareness that we have some **control** in our lives. We all know that wonderful feeling of taking a walk in the woods and having a sense of oneness with nature, as if the very air we breathe is part of us? Or a sense that whatever happens is okay because we have a good sense of ourselves?

In this first stage, we see we are powerful and can change our world using tools such as prayer treatment, astrology, positive thinking etc. We have control in this way; we are no longer victims. We understand there is a cause and effect going on that we initiate. Everything is perceived to be happening **by us**. We are braver, have some **relief** in our situations and feel grateful.

The SECOND step in connectedness is that we surrender to something greater than us and let it **control us**. We realize we are NOT in control but are guided and directed by a higher power. We trust in this power and allow it to **use us**. We feel everything is happening **through us**. Whatever is going on, we know it is for our greater good and we **allow** it to be. We might not understand it and may get frustrated or angry, but we know there is a greater purpose for it. We recognize and embrace the love in our lives and feel even more grateful.

The THIRD step is total trust in this greater power along with heartfelt thankfulness. We see that everything is happening **as us**. We feel so connected to this greater power that we are actually a part of it. We are in a state of **bliss** but it is not a hermit state where we sit and bliss out all the time. We live in the physical world so we act with intention and do what we can to be of service. We live our life - chop wood, clean house, go to work - just like before. This time though we know we are part of the One.

Using our feelings as an example:

First step: The pencil we are holding can write what we decide we want it to.

Second step: We allow the pencil to be used by a greater power flowing through us

Third step: We are the pencil and the greater power

Or more simply:

1. we use the pencil
2. the pencil uses us
3. we are the pencil

Or to use spirituality:

1. I feel God
2. God is in me
3. God and I are one

These first three steps and all the infinite steps that follow are to get our attention, to awaken us and help us feel more loved. The end result is that we let life bring to us *whatever* comes because it is for us. We ride the tide of life, the lows and the highs, the crests and the trenches, knowing we are one with all that is, one drop of water in the sea of life. This is true happiness.

Jupiter Trine Saturn Astrology Aspect

This Jupiter Trine Saturn is the **big** astrology aspect that is happening this month, and will come up again in September - but then it moves on and we may not see this aspect as long lasting again in our lifetime.

January's transit only lasts a week, but this September it lasts a full 2-1/2 weeks because of retrograde. The longer an aspect lasts, the longer time period is the opportunity to take advantage of the correlation of the drive and motivation of the aspect.

Mercury will be retrograding starting the end of this month - we'll cover that in a email on the 20th when we also remind everyone of something else we discuss below.

What is retrograde? See the definition of it and other astrological terms at the end of this newsletter.

In March we will go into a very lucky time period for Astrology and this lasts a whole two months. Yea! More on that in future newsletters.

Jupiter trining Saturn started January 17 and lasts for a week, being the strongest around Jan. 20. On the 24th, the transit will officially be over. Some people who are more sensitive to these vibrations will see their lives vibrate to this trine for a wider period of time, feeling the energy to do lots of planning of their lives. On the 20th, we'll email everyone on our email list a short reminder to set the intention for their lives. Why? We're getting to that!

So what does all this astrological mumbo jumbo mean? All the planets are moving in the solar system - where they make certain angles, or in other words, are a certain number of degrees away from each other, (called an aspect). That's what is termed a transit. So that also means they are at a different place now than when we were born.

Transits. The transit, or when a planet is making a connection to another planet, lasts a certain time period and then the transit is over. It starts out slight and gets stronger or more exact, in the case of a trine to 120 degrees, and then diminishes in strength until the

transit is over. When a transit is happening, it is a good time for activities related to those aspects because the drives and motivations of the planets involved correlate with human activities. Therefore, these transits work for everyone. What works for each of us individually works for everyone.

Trines. When planets are **trine** that means that two of them have moved to within 120 degrees of each other. This is a harmonious relationship and means that they help one another and work well together. At this time, it is **Jupiter & Saturn that are trine each other.**

Jupiter is the planet of expansion, of wide vision, of jovialness. It is also the planet of religion, law, philosophy, higher education and long trips. Lots of expanding and visionary stuff!

On the other hand, **Saturn** is the planet of contraction, of focus and concentration. It is also the planet of politics, conscience, usefulness, maturity, professionalism as well as planning, organizing and scheduling. (Capricorns - do you resonate with those Saturn traits? It's your planet!)

Jupiter is the most optimistic and positive planet and Saturn is the most disciplined and ordered. What a combination!

Basically when these two planets combine their energies, it is dynamite! Solar Fire Astrology program describes this aspect as:

*This is a positive time when you can achieve a balance between your need for security and your need for exploration. You have the ability to make plans that propel you closer to your goals. You may be fortunate in attracting the resources that you need for your purpose during this transit. You would do well to make the most of your opportunities. Like a professional mountain climber, you can **plan** all aspects of your life ready for the journey, and steadily make it to the top. Confident in yourself and your ability to reach your objectives, you are capable of compromise. Others respect your achievements and abilities. This is the transit of hard-earned rewards*

either reaping or sowing, particularly in business dealings and your professional life.

Who could ask for a better astrological aspect in the first month of a new year when traditionally resolutions are made for the year?

Plan for Success. In many parts of the U.S. for farmers, this time of year is a time to make plans for the next year's crops - planning what to plant, where to buy the seeds and plants, who will do the work, how to get the financial resources to accomplish their plans, etc. They envision next fall's harvest while making their plans. With snow on the ground and temperatures below freezing, it is not planting time, but rather time to sit in their rocking chair, look through the seed catalogs and place orders!

So it is with this Jupiter/Saturn aspect. It is a grand time to make plans -short-term, yes, but most especially long-term goals, in fact goals for 20, 30, 40 years from now, depending on our age. That's because Jupiter has the most expansive outlook and is in its glory right now and is in a strong, perfect harmony with Saturn, the planet that focuses on practical, goal-oriented activity. Now is the winter time of planning and focused inward activity needed to propel our plans forward. We can use the harmony of the planets to tell us it is time to energize our focus and plans - to place our order for later seeding and planting.

Short-Term Goals: On the material level, this is a good time to get a passport and plan for foreign travel especially if it fits in with our long-term goals. It is also timely to see what higher education or training would be useful for our career goals. Scheduling and putting our plans for 2008 on a time table can also be successful. Planning for needed licenses and paperwork and for taxes is also good to do. We can set travel schedules, for business or pleasure, and get business cards listing our long-range vocation. Political and spiritual involvement at this time can also enhance our lives as can writing. The Jupiter/Saturn aspect energies can make it all easy to do! Hey, we can even get free business cards at www.vistaprint.com !

Long-Term Goals: Most people have a profession, a career, an occupation in mind they'd like to pursue or enhance. Even if we are retired, students, settled in our professions, or feel at ease with just "hanging", now is the time to motivate ourselves to make a plan for those vague, but persistent, longings in us. It is crucial **right now** that

we use these expansive energies to get in touch, to see and to formalize those nebulous urges from our consciences. The time is perfect to go from the abstract to the documented, the theoretical to the achievable and theory to concrete plans about our passion.

Here are some questions to ask ourselves. What would be the pinnacle of our success? What will we be doing when we are as good as we can be for this life time? What are the activities we will be involved in when we reach optimal influence and position in life? Who will be our audience?

When we find answers to these questions, that's where our energy needs to be directed because that is where our passion is. It has promise to be the most mature, useful and developed part of our lives. In this regard, we can envision making valuable contributions to society, giving joyful service to family and friends, and achieving huge success, fame and prosperity in our careers. This month is a period of visioning, planning for that long-term goal, planting the seed of our legacy for this lifetime.

So let's get started: The first thing to do is start making a list. Let's get some paper and something to write with. Now let's envision having one year left to live. What do we see as the biggest achievement? What occupation would be on our business card? Where would we have traveled? What service to humanity would we have given? What are we known for? In "Who's Who," what would be said about us?

If it is easier for us to write down our ideal life style, we can do that instead. What is the best possible place in life for us? What is the optimum conditions we can find ourselves in? What does our perfect standing in the community look like?

Tape, anyone? Once we have our game plan for our life long goal, and have prioritized each entry, we can post the list in our homes or work. It is best to do this on the 20th of January when the energies are the strongest. Then we share it with those that are 100% supportive or can be trained to be so. At the very least, we can repeat it every day and encourage ourselves.

With that action, we have put in our order for those seeds, those goals we set with the Cosmic. With this in our subconscious at all

times, we can then live in the third step of awareness more fully, knowing that once we put our plan into action, our seeds are planted and our success is assured. In other words, we can go with the flow and also know we have the flow directed.

So how do we plant our seeds? After we formalize our dreams and goals by writing them down, then we look at what steps are needed to *be* those dreams. Notice I didn't say "do" but rather "be?" By being our vision so strongly that we feel what it is like so much that we are it, Source Energy has no choice but to manifest it. It is Cosmic Law.

Begin at the End. Starting with the end product (the ultimate goal, dream, vision) we move backwards towards present time, filling in all the rungs on the ladder, step by step, until we reach the today, at which time we are left with the first step. If that step seems too large, we can cut it in half and so on until we find ourselves in an activity on our chosen path - planting that first seed. Every day we do at least one thing to bring us closer to achievement of that goal.

Getting Our Set Points. When we **set** the intention or game plan for our lives, when we **set** the purpose for our existence and **set** how we can best contribute and make a difference, then we can go with the flow with a good conscience knowing that our usefulness is being maximized. Then we are using this astrological aspect. Thus we can be brave and trust we are going in the right direction. Our vision is very strong because of the trine at this time and there is plenty of energy for long-range planning - so let's take advantage of it!

We need be persistent! More ideas will come to us as we read this newsletter. Listing the ideas, programs and projects to incorporate in our lives as we read this can give them **teeth** and power to change our lives. So let's keep our pens handy! Davie has purchased a pocket digital recorder which he carries everywhere and uses to record ideas as they arise. Later he transcribes them. That might work for the rest of us as well.

When more ideas come later, we can add them to the list and keep working on the list daily and prioritizing the goals. On the 20th of January Davie will send everyone an email to finalize their lists, post them, and make a resolution or a contract to put the energy into this

plan for action. We need to remember to do at least one thing daily towards achieving one item on our list.

Fun, Joy & Laughter. Let's remember also to plan for what brings us joy, including incorporating fun into our careers. The two of us watched a T.V. documentary recently where it was stated that the Danish are the happiest people on the planet. One reason for this, the announcer said, is that they pay the highest income taxes, 65% sometimes, and this causes all professions to be more equal in take home pay, which enables the people to work at the jobs they enjoy the most and gives all professions equal respect. We also saw in that program that we all can control a full 40% of our happiness, just by choosing to feel that way.

Earth calling! For all of us who have a tendency to keep our heads in the clouds, it's time to float back down to earth and set goals of the highest caliber that manifest for all to see as well as achieve a high level of success. It is really time for putting teeth into our life's game plan and viewing the business side of our lives in a way that makes us successful. This is a time for planned success, the kind that we can program and develop steps for their achievement.

One measure of success is how much we give. Look at Bill Gates, and others that give so much for the greater good of all, to bring more joy and less suffering to humanity. We could plan that at the end of our lives we have enough automatic income to funnel into promoting others or into helping the poorest help themselves.

How do we do that? First we set that big goal such as funneling a billion dollars into teaching poor women how to cook nutritionally. Then we bring it down to a tangible goal in the direction of that vision, like planning on formation of a non-profit organization to facilitate this work. After that we set the first step for which we will begin some action such as networking towards this goal. It is the law of exchange. When we are benevolent towards our fellow humans, we get some return as a byproduct. Some of it rubs off on us. But it all starts with the vision, the vision of the best we can see ourselves to be, the best we will ever be.

Long-range planning as adventure. This planning doesn't have to be all work - it can be fun. Has anyone seen "The Bucket List" yet? This movie had Morgan Freeman and Jack Nicholson making

lifelong, out-of-the-box plans for joyful, exciting things. The bucket list was an itemization of things that they wanted to achieve before they "kicked the bucket!" They fulfilled each of them, but some happened in unexpected ways! View this movie before the end of the January for an example of this powerful aspect that will make life more joyful and lucky.

How can we be lucky this month? Luck this month comes in the form of focus, concentration, organization, and prioritizing and making lists.

Now is the best time to bring our most optimistic direction to reality through organized projects. Business is especially prominent. Negotiating, specializing and developing a more professional approach in business all are in the spotlight now. Forming a new business from an old one, or adding another phase or department is also indicated. Advertising and promoting our business and making it more influential and professional can bring eventual success because of our focus on planning right now. It's the right and perfect time to get the word out what our business is all about. The favorable astrological aspects help us be brave at this time, see where our business is going, and plan its popularity.

Our Shoulds. When we have our vision clearly defined, Source Energy knows exactly how to flow in and manifest it in our lives. We also can continue for the rest of this month to work on long-range plans that incorporate our whole life as much as possible. The Capricorn influence also brings our consciences into play. This is the part of us that reflects on "shoulds" -- what we should give to society and what we are obligated to share with humanity. It can guide us to find that end goal that matches what "should" feel best for us.

Enjoy the Journey. In physical, spiritual or emotional matters, the trip or process is the important part. The journey gives us the roses to smell along the way. The end goal is just a motivator, a direction. If things get tough, we can merely make half steps or smaller steps to enjoy the journey more. To feel we are on the path, we look at the progress and have faith and trust in our purpose.

Thank You! We want to tell each of you that each of us honor your process and hope we are helping you in furthering it with this newsletter. Please let us know if you have any comments or questions.

Namaste,

Davie & JoySee

*** Terms & Definitions ***

Aspect = an angular relationship between two points in a horoscope

Direct=after a planet retrogrades (see definition) it then reverses its direction back to forward motion or goes direct. At that point, it slowly picks up speed in a forward direction until it is back at its normal speed.

Exact = when the Aspect is perfectly lined up and the angular relationship is precise.

Orb = a span of degrees when an aspect is making a connection

Planet = a possible motivation or drive associated with a physical planet

Retrograde = when a planet is appears to change its direction in the Zodiac. The planet starts to slow up before it turns retrograde and then the day it turns retrograde it reverses its actual longitudinal direction and starts picking up speed in the reverse direction until it starts slowing down again and finally stops and goes Direct (see definition). Retrograde is quite common and there is usually at least one planet in retrograde at all times. **What this means to us in terms of aspects is that any aspects of the retrograding planet last longer.** It is as if the wave in the ocean is a longer lasting so have more chances to get our surfboard out and ride - more waves and a longer period of time!

Transit = when one moving point in the zodiac is making an aspect to another point or a chart wherein the zodiac is at a certain real and often current time as opposed to a natal position which is stationary.

Here's an example: When two planets are within orb of an aspect, a it is like a transit or a wave in the ocean starts. When the wave breaks, the aspect is exact and then it diminishes in power until it gets out of orb. Astrology is the science of knowing when the waves happen in the solar system and then it is up to us to get on or surfboards and ride them and take advantage of the possibilities. We become aware of the waves but then we also have to swim out to the wave - setting ourselves up to take advantage of the wave. That's the gist of this month's newsletter's message -- PLAN.

Visit our website at www.luckyastrology.com and find out what your lucky Jupiter sign is. Email us to find out what aspects are your strongest ones and how you can work with them, all for a nominal fee. Both [Davie](#) & [JoySee](#) love to get emails, so email us also with your comments or questions.

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