

Lucky Astrology Newsletter

Mercury Trine Neptune Aspect

Second Half of September 2008

Greetings Family and Friends,

*We are so happy to be sharing this newsletter with you. It is right in line with the new book we are writing on spiritual experiences. We're now surveying people to find how Spirit communicates with them. **If you feel you have something to share in this area to help others tap into their guidance, please let us know.** We'll [email](#) you a short survey to be completed. If we use your responses in our book, you'll receive a free copy.*

What Time Is It? Astrology can tell us what time it is and what type things are best to do. We have clocks to tell us the time of day - but cosmic time is best read through looking at the stars and astrology does that well. However, it is up to each one of us to do take advantage of what cosmic time has to offer us and take part in activities that help the energy flow through and to us in the fastest and best possible way.

It is "Mercury Trine Neptune" Time the second half of September, 2008. This is a mystical time - of communicating with our Spirit in many different ways, both internally and externally, and as we use its energy we will be tuning ourselves into the Cosmic, into the Divine in our lives.

Mercury as we know is the planetary communicator, whereas **Neptune** provides the mystic-ness, the mists, dreamy and other worldly parts of this wonderful aspect. (Google "Mercury trine Neptune" to define this aspect more fully and be sure to put the quotation marks around the words).

Here are some ideas to enhance the energy of this powerful aspect. We've given ideas for the external world (Mercury) and the internal world (Neptune) - the "stuff" of both sides of this aspect.

Write Down Dreams We can describe on a tape recorder or in our journals both our night dreams and our day dreams -- especially the ones we believe can come true. This gives energy to the ideas and will bring more dreams with more details and soon they may manifest.

Communicate & Commune with the Sea. If we live near an ocean, now is a wonderful time to commune with it - to walk or run along its shores, build sand castles, or sit and play near the water's edge and listen to the waves. We can chant "ohm" to the sound of its call or speak to it of its magnificence and listen to its response. What is it saying to us? (Other bodies of water can be adapted to this activity as well.)

Be Inspirational to Others. All we need to do is be ourselves and radiate love to others when we are with others. Now is a good time to chat with siblings, neighbors and people who live alone. Our very positive presence is empowering to others.

Explore the Mystical. This aspect's time is perfect for reading inspirational books, especially poetry, and talking and writing of the mystical part of our beingness. Mystic and mystical refers to the realm of the spirit, not of the senses. So it is a time to tune into and communicate with Spirit, the Divine, Spirit Guides, Angels, our Creator, our existence beyond this life.

Have a Bit of Fun! The aspect is a time for shoes and gloves - wear them, display them, draw them, make collages of them, have fun with them!

Get "Hits" from the Environment. What does that mean? Hits are indications from the other side or from our higher selves that we resonate with. Hits result in body sensations such as chills or tingles or warm feelings, visual images we get with our inner vision, or messages we hear from our higher self. The Environment for the "hits" means anything within an arm's reach. So we could get a "hit" from something we read or write or when we are communicating with another within arm's distance. This hit results in the chills or other physical manifestation - and from that sensation we just KNOW what has impressed us, or what we have hit on, is right for us. It's Spirit talking to us!

Create a Sacred Space In a private area for ourselves alone, we can create an altar of communication with the Divine. It can be anywhere - a corner of our home, a small place in our vehicle, or outside in our garden. This space could include beautifully scented candles, incense, flowers, special stones or other empowering sense-enhancing items such as essential oils in a diffuser. Actually during this aspect, a second meditation sacred place in or near our home is most

auspicious, especially one with privacy and higher vibes. during certain times of the day or year. It's a wonderful time to choose that extra space now when the energies of the aspect are working with us.

Play Music that Uplifts. The best kind of music at this time is inspirational, light, refined, classical, and mood music. This also includes certain kinds of Country and Western music. We can play this music in our sacred space as we meditate, talk over our day with our spiritual guides, or just to relax. Music while we work is timely now, too. We can select pieces that make us more efficient. Resetting presets on radio stations and channels are helpful with this - and efficient too.

Create a Mystical, Magical Inner World. This aspect brings a meditative energy, a time to communicate with our Spirit, Soul, Spirit Guides and intuit messages from our other side. To take advantage of this time period and have the influence endure, since this is a highly **mutable or adaptable** time period - and so could fast disappear or change directions in our thinking, we should do things that will last like setting up a meditation place right now.

Let Our Inner Guidance Help Us. We can go into our sacred space in silence or play soft, delicate, inspirational, instrumental music. Then when we're relaxed, we choose what change to manifest. After that, we come up with at least two ways to bring about this change. Lastly we ask for help in deciding which idea is better for all involved. Remember to listen. This is the way to evolve and co-create our world.

For example: Let's say we choose to shed some pounds. We decide we could eat less or do more. We then meditate and ask for help on which of these two ways is best for us, like should we go on a vegetarian diet or a juice fast. We might get a tingly feeling about one or the other which will indicate which is best. If we get such a 'hit,' we are surely on the right track.

Find a Meditation Time. Most people find the best time to meditate is first thing in the morning. Usually 20 minutes of asking for specific help and listening is sufficient. The time and timing could be different for each of us. So we can ask for guidance as to the best time of day and amount of time would be best for us. Inspiration and guidance may come during the meditation. Making brief notes at that

moment to be expanded on after meditation may be helpful, although meditation purists would say to wait until afterwards.

Access the Open Portal to the Spiritual World. During this whole 2nd half of Sept. '08, there is a communication portal open between the spiritual world of higher intelligence and our own mental world of thoughts and ideas. To take advantage of this, we need to be aware that the portal is wide open on Sept. 19 and Sept 28. On those two days especially, see if we can sense the Presence of Spirit with us and pick up on any bodily sensations indicating that this is happening. Some people feel tingles or chills for example. That's tapping in to our higher intelligence, to our guidance.

As we become aware of this spiritual connection, we start to punch holes in the shield that is between us and the Light. As more and more light comes in, we become brighter and full of Love, until we are beings of Light, making a permanent shift. The shield separating us then vanishes forever and we are one with Spirit

A challenge! The portal is now opening to give all of us on the planet an opportunity to open up and receive, to dissolve the shield that separates us from Source by tapping into the mystical world and becoming one with all there is. **What will each of us do?**

We are loving you!

Davie & JoySee Pfaffle

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